

# Life after marks – NIIT to the rescue

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Today students are under immense pressure to score marks in order to make it to the impossible college cut-off lists. Many students are distressed and disheartened with their exam results and treat it as a significant failure. A great sense of humiliation and expression of self-defeat can come from failing an important test or exam.

When helping someone through this crisis, it's important to

deal with the situation without resorting to criticism, rebuke, or making the person feel inadequate or confirming their sense of being a failure. In order to do so NIIT has planned a special Facebook initiative called Life After Marks. This is an initiative which believes that failure improves the taste the victory. The main objective of this page is to help students deal with the many mixed emotions that they go through after the board exams.

This Facebook page is a place for students to vent their emotions and to understand that academic performance should not be their only barometer of personal success. The page also provides guidance on how they can work towards academic and career success. This initiative is to encourage the students to look to the positive side and to embrace practicing persistence. If it seems that the unsuccessful candidate lacks the motivation or the determination to continue trying, overcome this by focusing on their previous

successes in exams, tests, and other challenges, and the strategies they used in those situations this initiative will help students feel positive and motivated.

This Facebook page is actively populated with rich content (text/image/video), relevant Facebook apps to encourage and help the students rise above their setback.

For any further information please follow:

<http://www.facebook.com/LifeAfterMarks>

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